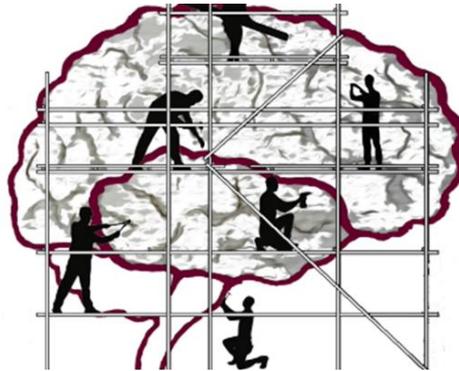


**Sandwell Virtual School in partnership with Dr Jenny Nock
invite you to attend a webinar via zoom for parents and carers:**

‘The Teenage Brain’

**THURSDAY 12TH MARCH 2026
6:00PM – 7:00PM**



The human brain is not fully developed until between 25 and 30 years of age. Until then, children and young people should be considered a work in progress, particularly in the case of teenagers.

The first step toward understanding the teenage brain, and how best to support it, is knowing that there are huge differences between the way that the fully mature adult brain and teenage brain work.

On this one-hour workshop we shall explore:

- ✓ The teenage brain: What’s going on?
- ✓ Nurturing and developing the teenage brain
- ✓ Emotions
- ✓ Through a cracked windscreen: Decision-making
- ✓ Understanding, reducing and responding to outbursts
- ✓ Abandoning reward and punishment and developing natural outcomes



The trainer

Dr Jennifer Nock is an Educator and Chartered Psychologist, with many years of experience working with children and young people, their families, and educators. She is passionate about supporting educators and parents to better understand mental health, behaviour and relationships, and to view children and young people through a developmental lens.

For additional information, and testimonials from our clients please visit our website:
<http://www.jennifernocktrainingandconsultancy.com>

How to book a place

The virtual webinar is **FREE** and being held on **Thursday 12th March 26**. There will be trainer input, with time built in for offline reflection, activities, and Q&A.

To book your place please click on the link below or scan the QR code and entre your name and email address.

<https://qwak.it/ERVSkW>



Once you have completed the booking form please click **SUBMIT**, this will confirm your booking.

Sandwell Virtual School will forward you the resources and zoom link on Monday 9th March 26.

Time: 6:00pm – 7:00pm

